

Every **Wednesday, The Blessed Sacrament** is exposed **after the 9:00am Mass up to 6:00pm** with **Evening Prayers and Solemn Benediction**. He is really there! *'I Myself am the living bread come down from heaven.'* (Jn 6:35) **All Are Welcome!**

And if you can *spend* an hour and decide to volunteer, you are most welcome and please call the parish office at 204 832 1993.